

Lesson Plan (2025-2026)

Name of Teacher: - Dr. Sandeep

Class:-B.A 5th Semester

Subject: -Developmental Psychology

S No.		Topics / Chapters to be covered	Month
1.	Theory	Human Development : Concept and Principal	August 2025
	Practical	Self- concept	
2.	Theory	Factors ni Human Development; Biological, Social and Cultural Prenatal Development, Determinants and Stages	August 2025
	Practical	Self- Esteem Inventory	
3.	Theory	Infancy: Characteristics, Hazards and Adjustment Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development.	September 2025
	Practical	Emotional Maturity Scale	
4.	Theory	Adoloscents: Characteristics and Problems of Adolescents and Adjustment Adulthood: Early Adulthood,	October 2025
	Practical	Yoth Problem Inventory	
5.	Theory	Aging: Physical Conditions, Personal Relationships, Financial and Emotional Problems, Death Anxiety	November 2025
	Practical	Study of Value	

Lesson Plan (2025-2026)

Name of Teacher: - Dr. Sandeep

Class:-B.A 3rd Semester

Subject: - Experimental Psychology

S No.		Topics / Chapters to be covered	Month
1.	Theory	Experimental Psychology: Nature and Historical Development. Experimental Method.	August 2025
	Practical	Experiment on STM	
2.	Theory	Psychophysics: Nature, Concept of Continuum, and Problems. Methods of Classical Psychophysics.	August 2025
	Practical	Experiment on LTM	
3.	Theory	Attention: Nature; Selective Attention and Divided Attention Perception: Nature and Characteristics. Perception of Form, Depth and Movement.	September 2025
	Practical	Differential Limen by Method of limits.	
4.	Theory	Learning: Definition, Factors Affecting. Theories of Learning: Trial and Error, Insight and Classical Conditioning. Verbal Learning: Nature, Material, Method and Organizational Processes	October 2025
	Practical	Absolute Limen by Method of Constant Stimuli	
5.	Theory	Memory: Process and Types, Methods to Study Memory. Thinking: Nature and Types.	November 2025
	Practical	Muller-Lyre Illusion	

Lesson Plan (2025-2026)

Name of Teacher: - Dr. Sandeep

Class:-B.A 1st Semester

Subject:- Foundation of Psychology

S No.		Topics / Chapters to be covered	Month
1.	Theory	Nature and Scope of Psychology; Psychology as a Science and Present Status.	August 2025
	Practical	GMAT	
2.	Theory	Methods of Study Behavior: Interview, Case study and Experimental. Pre-Scientific Psychology: Eastern and Western Thoughts.	August 2025
	Practical	Verbal Test of Intelligence.	
3.	Theory	Schools of Psychology: Associationism, Structuralism, Functionalism, Gestalt (Subject Mater, Methods and Contribution)	September 2025
	Practical	Color Blindness	
4.	Theory	Sensation: Nature, Characteristics and Types Structure and Functions of Visual and Auditory sensation. Attention: Nature and Characteristics.	October 2025
	Practical	Personality Test	
5.	Theory	Personality: Nature, Factors Affecting and Theories: Alport, Cattell and Eysenck. Intelligence: Nature, Factors Affecting and Theories: Spearman, Thurstone, and Cattell.	November 2025
	Practical	Performance Test of Intelligence/RPM.	